



REPORT
ONE YEAR
INTO THE WAR
HOW WE HELPED
CHILDREN FROM
UKRAINE

FUNDACJA
ŚWIĘTEGO
MIKOŁAJA

25 years

Preface

Saint Nicholas Foundation had already been involved in providing assistance to children from Ukraine since 2019. Until March 2022 we had operated an educational day-centre for children from internally displaced families in Mariupol in the eastern part of the country and assisted children from children's homes. When on 24 February 2022 Russia attacked Ukraine and millions of people left their homes with their children, we immediately launched relief initiatives in Ukraine and in Poland.

We kicked off an aid programme right away, providing basic necessities for accommodation points in which children spent their nights upon entering Poland. Working together with our Ukrainian partners from the Ivano-Frankivsk Maltese Relief Service and with Fundacja Pomoc Maltańska (Maltese Relief Foundation), we opened an International Logistics Centre enabling us to forward humanitarian transports from all over Europe to Ukraine. We equipped and outfitted facilities for orphaned children displaced from the eastern part of the country to the vicinity of Ivano-Frankivsk. We printed thousands of books in the children's native language, which we continue to deliver to libraries and aid centres every day. In March 2022 we created a long-term Saint Nicholas Haven (Przystań Świętego Mikołaja) programme, opening in all parts of Poland locations in which children from Ukraine are given psychological and educational assistance, together with opportunities for interaction with their peers and learning the Polish language. Each of these activities was made possible by the generosity and dedication of our Donors, Partners and Volunteers having assisted us since the first days of the war. Many, many thanks!

Today, on the first anniversary of the war's outbreak, we would like to share with you the details of what we accomplished in the past year.

Please be encouraged to keep helping together with Saint Nicholas Foundation. There is still much to be done.



Joanna Paciorek and Dariusz Karłowicz
of the Management Board
of Saint Nicholas Foundation
together the whole Foundation Team



HELP IN NUMBERS



1500 blankets



about 5000 backpacks



28 000 books



6 equipped
support facilities



1 day centre



3 medical transports



about 450 school
starter packs



about 1000 hours
of Polish lessons



about 3500 activities
and workshops



12 scholarships



50 computers



1500 children received
psychological care



184 humanitarian shipments



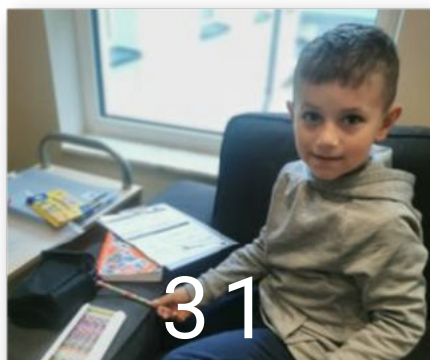
3000 tonnes of food

Saint Nicholas' Havens



62

05-08 2022



31

09-12 2022



33

01-08 2023

4017 children

3551 children

5550 children

The total cost exceeds PLN 9,000,000

February 2022

MARIUPOL AID CENTRE

When on 24 February 2022 Russia commenced its attack on Ukraine, Mariupol became one of the main targets. The situation in the city soon became very difficult, and the Saint Nicholas Day Centre was transformed into a local relief centre. It started to provide training in first aid, and the car previously used for driving children with disabilities around became a tool of distribution of the most needed necessities (such as water). Due to growingly intense shelling, we lost contact with the manager, Kateryna Sukhomlynova, at the beginning of March. Mid-March, we received from her photographs of our Day Centre in a state of complete devastation. Soldiers of the Azov Regiment died defending it to the last moment. The fruit of the efforts and labours of many people working together above boundaries and divisions was destroyed. But not forever, we believe. After the war, we want to rebuild the Saint Nicholas Day Centre in Mariupol.



February 2022

TRAIN STATIONS AND OVERNIGHT ACCOMMODATION POINTS IN WARSAW

The moment reports of many-hour-long queues of mums with children on border crossings began to surface, we decided to act immediately. Urgently, we bought the first batch of blankets. We handed them out at the train stations where the overtired wee ones kept arriving. In the cold of winter, they had a difficult night before them. The initial shipment of blankets ran out immediately, and we had to order another one. So far we have given out about 1500 blankets. The first relief programme for our Ukrainian guests allowed us to get to know them better, with which came a better understanding of their needs. In trepidation, we saw that children having travelled hundreds of kilometres day and night and passed through long queues on border crossings had nary a thing with them. That gave rise to the idea of so-called welcome backpacks.



February 2022

THE BARE NECESSITIES

The sight of terrified and exhausted children along with unending shortages of food, water and everything else needed by mothers with children required us to keep supplying basic food and hygiene products to the aid points, located mostly at train stations. We set out buying soft drinks, water, biscuits and products with long dates. The days that followed were spent arranging transports from warehouses to destinations in need of aid. We looked actively for them on our own, too, delivering things to places where mums with children were forming up queues before the consulate. We went to the train stations daily and got in touch with the people responsible for the running of each such point.



Thanks to the support received from our Partners, we were from the very first days of the war able to provide school utensils and children's toys for the aid points. In total, we handed out several thousand jigsaw puzzles and school utensils. This continued in the months after.



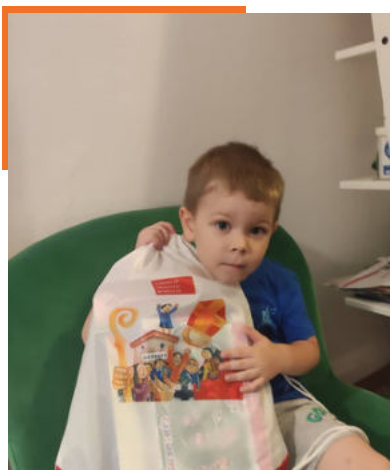
March 2022

THE 'WELCOME BACKPACKS'

In our welcome backpacks the children could find basic hygiene products, water, fruit juice, snacks and tiny gifts to lift their spirits up at the difficult time; in the later months, they also came to include books. From every week to the next a greater and greater number of backpacks were leaving our office, with more and more requests from locations where children were staying. The contents varied depending on the circumstances and the needs of the intended young recipients.

We began in the halls of Warsaw Central, East and West Train Stations converted into dormitories for mums and children; afterwards, we established a collaboration with a whole network of aid points throughout Warsaw and environs, for example providing backpacks for the kids living at the Global Expo in Modlińska Street or the temporary abode in Bielany, as well as events and free shops throughout Warsaw. Thanks to the kind assistance of our volunteers, including employees of Accenture and NatWest Group who were working together with us, we made sure that 4500 children received their packages.





March 2022

MARSHALL PUP ENLISTS AS SAINT NICHOLAS HELPER

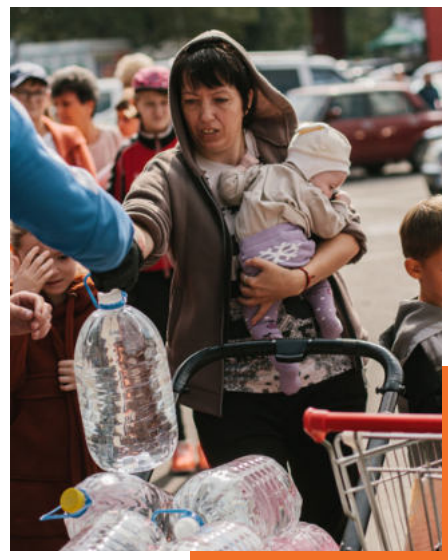
In March, we were helped by Marshall from PAW Patrol, who became the special assistant of our backpack programme. It was our great desire to see not only to the children's material needs but also to their emotional comfort. The PAW Patrol character is beloved of all children. During the last three months Marshall joined us in visiting, repeatedly, places such as Puławska 20 Relief Centre, Modlińska Expo, Bielany Sports and Leisure Facility, Central Train Station and Wilcza Hostel for Ukraine. At each time Marshall drew hundreds of children's smiles. In addition to the welcome backpacks, we also supplied educational booklets and tiny gifts such as mini-jigsaws. Every child received a present, and all who wanted could take a photo with Marshall Pup.



March 2022

COMMISSIONING A LOGISTICS CENTRE IN CHORZÓW

Working together with our Ukrainian partners from the Ivano-Frankivsk Maltese Relief Service, with Fundacja Pomoc Maltańska (Maltese Relief Foundation) and Prologis, who gave us the free use of their warehouse, we launched an International Logistics Centre enabling us to forward humanitarian transports arriving from all parts of Europe to Ukraine. Starting from March, more than 3000 tonnes of humanitarian aid left the Centre.



March 2022

MEDICAL TRANSPORTS FOR CHILDREN'S HOSPITALS

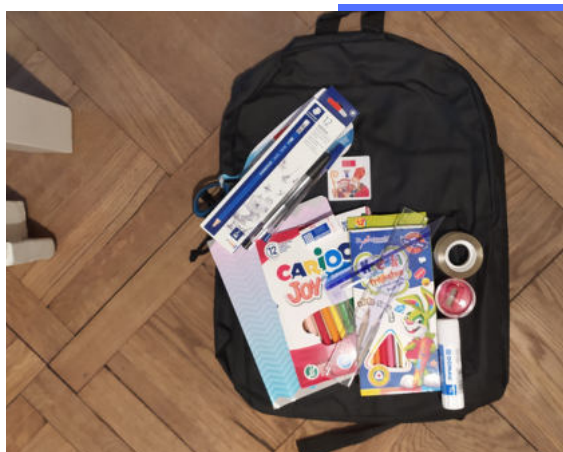
In the first weeks of March we received word from our Ukrainian partners about the difficult situation of children's hospitals becoming cut off from their sources of supply. Thanks to the swift and organized action of the entire Foundation Team, we were able to procure all the necessary materials and complete the transport. The aid was delivered and donated to the paediatric ward of Rivne Municipal Hospital and to the hospital in Khmelnytskyi, as well as a residential facility for children with epilepsy. We financed the purchase of medical plasters, bandages, gauze, analgesics and antipyretics for children, as well as syringes, needles, tourniquets, folding stretchers, thermal blankets, resuscitators and IVs.



March 2022

WILCZA HOSTEL FOR UKRAINE AND SCHOOL KITS

As time went on, we also adapted our aid efforts in Poland to meet children's needs. We extended our assistance to Wilcza Hostel for Ukraine, where almost 250 people (including 166 children) had found shelter. As a result, in agreement with hostel, we created a dedicated donation page on our website to allow all people of good will to help Wilcza Hostel for Ukraine's residents. The children were provided with school kits and the facility with financial and organizational support. In our meetings with children we were assisted by Marshall Pup, whose presence brought much joy to child and adult alike.



April 2022

CHILDREN'S BOOKS FROM LEADING UKRAINIAN AUTHORS

In a collaborative effort with Ukrainian Book Institute, we printed children's books from some of the best Ukrainian writers, including: Lesya Ukrainka — one of the most important women authors and poets writing in Ukrainian; Sashko Dermanskyi — modern children's book author; Viacheslav Lehkobyt — celebrated artist and illustrator; Anatolii Hryhoruk — popular writer, translator and author of numerous children's books; Vasil Kurovsky — poet and humorist; Katerina Rejda — graphical artist, painter and collagist; Hanna Samutina — one of the most famous Ukrainian artists of the 20th century; and Volodymyr Holozubov, whose illustrations are known to all Ukrainian children. We wanted to make sure that those children having come to Poland were not going to lose touch with their Ukrainian language and their country's culture. We arranged 12 beautifully published items in neat packages and created a ticket system. The books went to libraries, temporary abodes and schools with Ukrainian children. The books also found their ways to our backpacks. We printed a total of 24,000 copies. Another three titles joined our package sets thanks to support offered by Insignis, Agora dla dzieci, BuchDruckerei and Wydawnictwo Naukowe UMK publishing houses. In total, the children received 28,000 books in the Ukrainian language.





April 2022

FIRST EDITION OF SAINT NICHOLAS' HAVENS PROGRAMME

With the benefit of experience gained from our scholarship programmes, we decided to launch a nationwide programme allowing us to provide sustained and systemic help for children from Ukraine. Through Saint Nicholas Havens we establish local partnerships and finance integration programmes, psychological help, and education assistance. More than 530 local organizations joined the first edition of the project. In the end, we selected 62 locations in which Saint Nicholas Havens were set up.

FUNDACJA
ŚWIĘTEGO
MIKOŁAJA



I edition

62 Saint

Nicholas' Havens

all over Poland

- Biblioteka Publiczna im. Z. Łazarskiego w dzielnicy Mokotów miasta stołecznego Warszawy
- Biblioteka Samorządowa w Chłopicach
- Bytomskie Centrum Kultury
- Czernikowskie Stowarzyszenie CZYŻ-NIE
- Dom Kultury w Żabiej Woli
- Ełckie Centrum Kultury
- Fundacja "L", Łomża
- Fundacja AVE, Warszawa
- Fundacja Bo jak nie my to kto, Bratkowice
- Fundacja CDN, Kraków
- Fundacja Czas Na Nas, Żórawina
- Fundacja Edukacja Przygodowa, Zalesie Górne
- Fundacja "Edukacja z Wartościami", Warszawa
- Fundacja Edukacji i Kultury im. Marii Montessori, Kobyłka
- Fundacja na rzecz Wielkich Historii, Warszawa
- Fundacja Per Aspera Ad Astra, Łomianki
- Fundacja pomocy dzieciom Pocięcha, Wrocław
- Fundacja Pracownia Nauki i Przygody, Warszawa
- Fundacja Prowadź Mnie Światło Łagodne, Bielsko-Biała
- Fundacja Skrzydła dla Edukacji, Lublin
- Gminne Centrum Kultury w Konstanczynie
- Wejherowskie Centrum Kultury
- Włodawski Dom Kultury
- Zespół Szkoły Podstawowej i Przedszkola Samorządowego im. Króla Władysława Jagiełły w Jagielle
- Szczeciński Klub Tenisowy w Szczecinie
- Fundacja Inspiracja i Rozwój w Końskich
- Stowarzyszenie Sympatyków Doliny Rzeki Wkry "Nasza Wkra". Sochocin w woj. mazowieckim
- Wejherowskie Centrum Kultury
- Włodawski Dom Kultury
- Zespół Szkoły Podstawowej i Przedszkola Samorządowego im. Króla Władysława Jagiełły w Jagielle
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- UKS Orlik Przemyśl
- Warsztaty Kultury w Lublinie
- Gminny Ośrodek Kultury i Sportu w Bobrowicach
- Gminny Ośrodek Kultury w Pszczewie

- I Liceum Ogólnokształcące im H. Sienkiewicza w Łańcucie
- Katolicka Fundacja Dzieciom w Parafii Świętych Apostołów Piotra i Pawła w Katowicach
- Klub Sportowy Admiras, Gorzów Wielkopolski
- Klub Szachowy Stilon w Gorzowie Wielkopolskim
- Miejska Biblioteka Publiczna im. Jana Pawła II w Opolu
- Miejska Biblioteka Publiczna im. Józefa A. i Andrzeja S. Załuskich w Radomiu
- Miejska Biblioteka Publiczna im. Jana Śniegonia w Wiśle
- Miejska Biblioteka Publiczna w Cieszanowie
- Miejska Biblioteka Publiczna w Łomży
- Miejska i Powiatowa Biblioteka Publiczna w Dębicy
- Miejski Dom Kultury w Mławie
- Miejskie Centrum Kultury w Ciechocinku
- Oddział Terenowy Towarzystwa Rozwijania Aktywności Dzieci "SZANSA" Warszawa Ochota
- Ostrowskie Centrum Terapii, Ostrów Wielkopolski
- Polskie Towarzystwo Integracyjnej Psychoterapii Doświadczeniowej i Edukacji Społecznej, Stowarzyszenie Intra, Warszawa
- PSP nr 6 w Kędzierzynie- Koźlu
- Regionalne Centrum Edukacji Zawodowej w Nisku
- Stowarzyszenie "Mamy Czas", Warszawa
- Stowarzyszenie Dzieciom i Młodzieży WĘDKA im. Każdego Człowieka, Toruń
- Stowarzyszenie Kobiet Krasne
- Stowarzyszenie Kulturalno - Oświatowe Wsi Ropica Polska
- Stowarzyszenie Magnolia, Gdańsk
- Stowarzyszenie pod wezwaniem Matki Bożej Nieustającej Pomocy "Przyjaciele Seniorów", Wrocław
- Stowarzyszenie Przyjaciół Kaniowa, Chełmno
- Stowarzyszenie Przymierze Rodzin, Warszawa
- Stowarzyszenie Sportowe Pomagamy Dzieciom, Szczecinek
- Stowarzyszenie Sprężyna Centrum Edukacji Nieformalnej, Kluszkowce
- Stowarzyszenie Wspierające Rodziców oraz Opiekunów Dzieci z Niepełnosprawnościami "MY TEŻ", Bydgoszcz
- Szkoła Podstawowa im. Jana III Sobieskiego w Rudach
- Towarzystwo Przyjaciół Dzieci Zarząd Mazowieckiego Oddziału Wojewódzkiego, Warszawa
- Towarzystwo Przyjaciół I SLO, Warszawa

The Havens' activities were made possible by: Allegro, Foundation BNP Paribas, Eurocash, Fondation de France, Foundation Banku Pekao S.A, Fondation Prévoir, Ikea, Foundation Lotos, Pepco, Sonnedix, and Private Donors.

April 2022

EASTER GIFTS

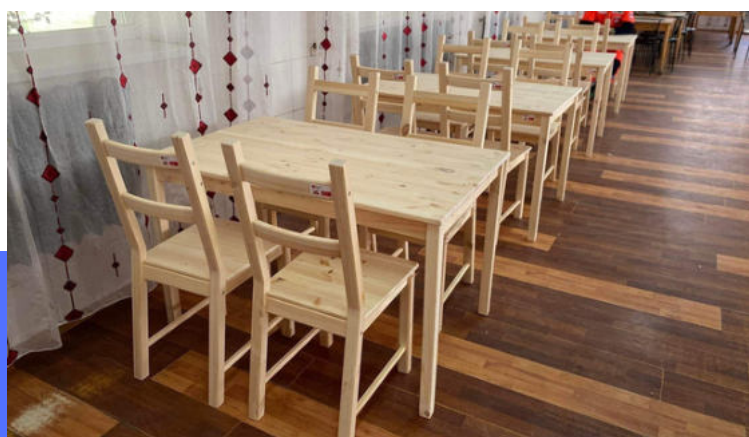
24 April 2022 was the Greek Catholic and Orthodox Easter date. For the first time in their lives, many of those children were spending that time without the physical closeness of their loved ones and in completely changed circumstances. For this reason, we provided holiday gifts for the 31 children temporarily residing at Wysoka Turnia Ranch in Silesia and internally displaced children in Ivano-Frankivsk.



April 2022

SUPPLIES FOR CHILDREN'S HOMES IN EAST UKRAINE

Two out of three Ukrainian children had to leave their homes due to the war. In April we provided support to the children from three children's homes in East Ukraine moved to the safer areas of Ivano-Frankivsk district during the hostilities. The new facilities were short on the equipment needed for normal functioning. The children's homes we support are inhabited by 316 children aged one to sixteen years. We bought complete equipment: beds, mattresses, sheets, pillows, towels, chairs and tables, as well as the necessary household appliances, including kitchen utensils. In total, we allocated more than PLN 240 thousand to this aid. The purchase of equipment for children's homes was co-financed by the Ministry of Foreign Affairs of the Republic of Poland as part of Polish development co-operation.





May 2022

LAUNCH OF CHILDREN'S ACTIVITIES IN SAINT NICHOLAS HAVENS

In May activities for children in Saint Nicholas Havens throughout Poland could get started.

The first edition lasted from May to August 2022.

We assisted a total of 4017 children from Ukraine. Professional psychological help was provided for 575 children. We organized 127 excursion trips, six day camps and eleven holiday trips. Language courses in Polish were joined by 764 children and 457 young ones took advantage of the sports offering. A total of 7213 hours of 2031 types of activities were delivered by the Havens.













May 2022

ART THERAPY WORKSHOP FOR INTERNALLY DISPLACED CHILDREN

Full-day art therapy workshops and well-being activities were conducted in 10 centers, in the Ivano-Frankivsk region, which housed internally displaced children from eastern Ukraine. Participants in the classes were children who had experienced trauma, due to their resettlement, and faced the challenge of adapting in a new peer group. The classes were aimed at integration, basic psychological support and imparting first aid, stress management competencies. The classes lasted until November. In 7 months, 49 classes were held for 905 children.





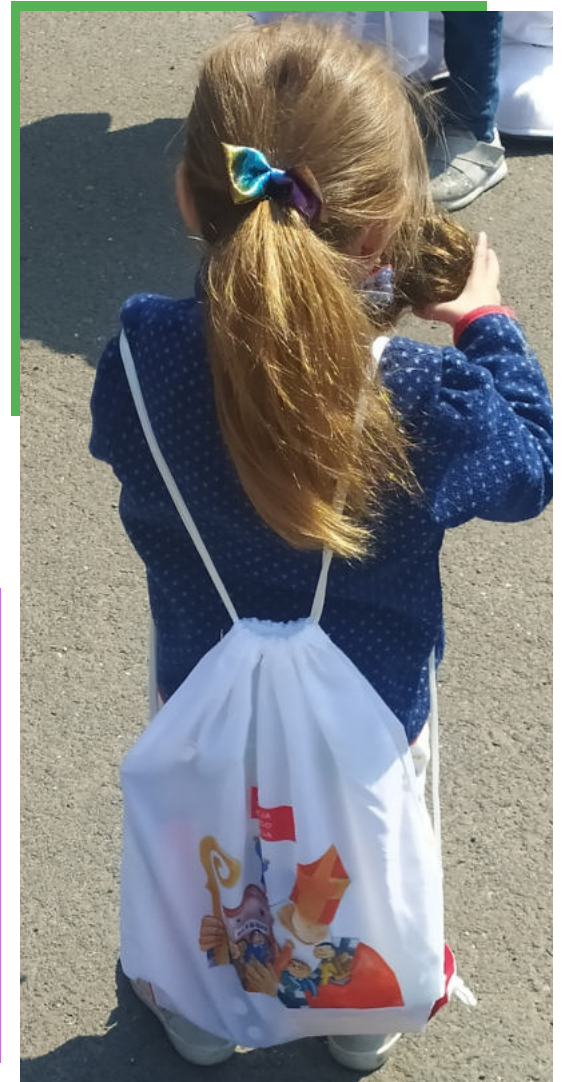




May 2022

CHILDREN'S PICNIC AT MODLIŃSKA EXPO HALL (WARSAW)

The large temporary abode established at the Expo Hall in Modlińska Street in Warsaw is a place to which we paid several visits. On 5 May we took part in a picnic during which the children could play soccer, watch an illusionist, inspect a fire engine, eat fairy floss or meet Marshall Pup with his friend Sky. We prepared gifts for 500 children. Backpacks prepared in their own corporate offices by the volunteers from Accenture were transported and distributed with the assistance of volunteers from NatWest Group. That was a fantastic time full of smiles.





May 2022

RELIEF FOR CHILDREN WITH DISABILITIES FROM KHARKIV DISTRICT

In May, our transport reached the beautifully situated mountainous village of Vorokhta where a large group of high-needs children and children with disabilities from Kharkiv District had found refuge. Working together with Ivano-Frankivsk Maltese Relief Service, we supplied the shelter with a convoy of furniture, house appliances and utensils such as an industrial washing machine, refrigerators, kettles, vessels, cookware, towels and other necessities.



The project was co-financed by the Ministry of Foreign Affairs of the Republic of Poland as part of Polish development co-operation.

June-July 2022

HOLIDAYS IN SAINT NICHOLAS HAVENS

During school holidays in summer Saint Nicholas Havens organized day camps, numerous excursion trips, workshops and language classes in Polish.

Among other examples, the Saint Nicholas Haven in Chełmno hosted a summer camp for children and adolescents for two weeks during which our protégés had a whale of a time at a water park and bowling alley, not to mention soccer time and play-based learning. One of the days was spent on a visit in Chełmno Land Museum and Volunteer Fire Brigade in Chełmno, where the children had the opportunity to see a real fire engine up close and even hop in the driver's seat. Every participating child was given a special Haven t-shirt.

The Haven in Bobrowice hosted a cycle of painting workshops, which, among other things, bore fruit in the form of a beautiful town panorama. Each little participant contributed to this amazing work. The children also took part in theatre classes and handicraft workshops.



The Saint Nicholas Haven at the Ełk Culture Centre hosted painting sessions for the children. As befits every true artist, the young ones, with a brush and palette in hand, sat behind the easel to contrive amazing works of art.



The children from the Saint Nicholas Haven operated by AVE Foundation once more embarked on a combined kayak and historical-bus trip under the umbrella name of BAJDARKOBUS. That was an amazing time filled with joy and smiling, when the children were able to detach from their quotidian worries and spend some carefree moments in a group of peers.



The Haven in Wejherowo provides Polish classes, psychological help and artisanal and artistic workshops, including handicrafts, visual arts, ceramics, dance and theatrical activities. The one in Opole, on the other hand, hosted florist workshops for the children, during which beautiful floral compositions just as well as new friendships came to life. As one of the Mums said, 'This is holiday time, the children are not going to school; this is a different country, different language — they have no friends. In the workshops there are children from Ukraine. The kids can talk, have a good time, have some rest.' The children's group from Saint Nicholas Haven in Ropica Polska went on an excursion trip to Krynica and Muszyna. Culinary, artistic and linguistic workshops were provided, as well as robotics and coding. A psychologist was also available to the children.





July 2022

FIRST ACTIVITIES IN SAINT NICHOLAS DAY CENTRE IN IVANO-FRANKIVSK

Upon being told of the destruction of our day centre in Mariupol in March, we decided to open a sister centre in the city of Ivano-Frankivsk, where many families from East Ukraine had moved. The Ivano-Frankivsk Maltese Relief Service was our local partner in this venture. We found the ideal location, but it required a substantial overhaul. The renovation works set off, as did the first children's activities in our day centre's offering. Animators began to organize activities in many locations throughout Ivano-Frankivsk District in which children from internally displaced families were staying. Throughout the holiday period, under the watchful eye of our educators, our little charges engaged in a variety of pastimes mixing with their peers. Fifty children attended on a regular basis.



The project was co-financed by the Ministry of Foreign Affairs of the Republic of Poland as part of Polish development co-operation.











The project was co-financed by the Ministry of Foreign Affairs of the Republic of Poland as part of Polish development co-operation.

August 2022

COMPUTERS FOR STUDENTS FROM UKRAINE

The children from Ukraine who are currently residing in Poland due to the war often combine stationary with distance learning. Many are forced to attend class in Ukrainian schools remotely by telephone, which makes the learning process difficult. Thanks to Accenture, we were able to provide children and adolescents from Ukraine currently residing in Warsaw with 50 ready-to-work laptops.



September 2022

SECOND EDITION OF SAINT NICHOLAS HAVENS PROGRAMME

In September we set the ball rolling on the Second Edition of the Havens. That time, we invited 31 facilities to join. Continuation of our work with the children and expansion of our existing activities was our top priority; for this reason, the majority of the Havens were locations having already participated in the First Edition. The activities lasted until December. Our assistance reached 3,551 children. The Havens provided Polish classes, integration activities and numerous workshops such as ceramics, painting and other visual arts, music, ethnographic and cultural studies, caretaking and formative activities, ecology, dancing and more. A psychologist was also available.

FUNDACJA
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II edition

32 Saint

Nicholas' Havens

all over Poland

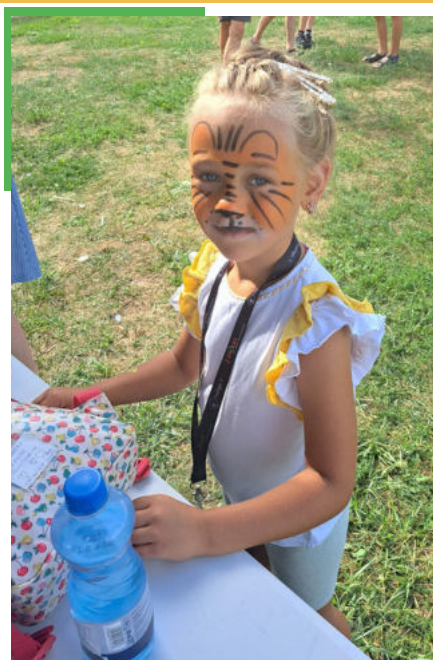
- Miejskie Centrum Kultury w Ciechocinku
- Bytomskie Centrum Kultury (Pałac w Miechowicach)
- Fundacja Skrzydła dla Edukacji
- Fundacja "L"
- Ełckie Centrum Kultury
- Warsztaty Kultury w Lublinie
- Wejherowskie Centrum Kultury
- Stowarzyszenie Magnolia
- Miejski Dom Kultury w Mławie
- Stowarzyszenie Sportowe Pomagamy Dzieciom
- Fundacja Prowadź mnie Światło Łagodne
- Stowarzyszenie pod wezwaniem Matki Bożej Nieustającej Pomocy "Przyjaciele Seniorów"
- Stowarzyszenie Kobiet Krasne
- Szczeciński Klub Tenisowy
- Polskie Towarzystwo Integracyjnej Psychoterapii Doświadczeniowej i Edukacji Społecznej Stowarzyszenie Intra
- Fundacja Inspiracja i Rozwój
- Ostrowskie Centrum Terapii
- Miejska Biblioteka Publiczna w Cieszanowie
- Stowarzyszenie Sprężyna Centrum Edukacji Nieformalnej
- Fundacja Czas Na Nas
- Miejska i Powiatowa Biblioteka Publiczna w Dębicy
- Oddział Terenowy Towarzystwa Rozwijania Aktywności Dzieci "SZANSA" Warszawa Ochota
- Klub Sportowy Admira
- Fundacja Per Aspera Ad Astra
- Regionalne Centrum Edukacji Zawodowej w Nisku
- Miejska Biblioteka Publiczna w Łomży
- Towarzystwo Przyjaciół I SŁO
- Stowarzyszenie Dzieciom i Młodzieży WĘDKA im. Każdego Człowieka
- Katolicka Fundacja Dzieciom w Parafii Świętych Apostołów Piotra i Pawła w Katowicach
- UKS ORLIK PRZEMYŚL
- Fundacja "Edukacja z Wartościami"
- Włodawski Dom Kultury

The Second Edition took from September to the end of December.

- We assisted a total of 3551 children from Ukraine;
- 815 children received professional psychological help;
- 220 children were taught Polish classes;
- 133 took part in sports activities; 52 sightseeing excursions and integration trips and 4770 hours of activities provided at the Havens;
- 109 children received school kits for the new school year;
- 52 jobs were created for Ukrainians (not to mention numerous volunteers)



The Havens' activities were made possible by: Allegro, Eurocash, Fondation de France, and Private Donors.









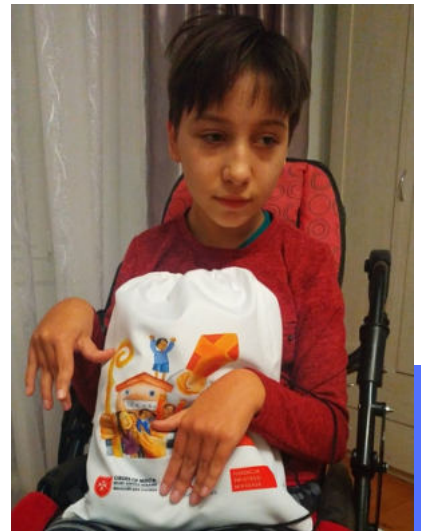
September 2022

SCHOOL STARTER KITS FOR THE NEW SCHOOL YEAR

In September, we purchased school supplies for 300 children in crisis. These were children who moved to Ivano-Frankivsk as a result of the war, along with their families. Also children from Mariupol.







September 2022

SCHOLARSHIPS FOR PUPILS FROM UKRAINE

For more than 12 years our Foundation has provided scholarships for gifted children from impecunious families in Poland. Last year, we decided to extend this form of assistance to children from Ukraine as well. Among our little protégés at the Havens we found many talented kids whom the support enables to continue developing their interests.

- Ilian — an eight-year old from Lviv, where he attended Music School. Winner of numerous instrumental, singing and theatrical contests, participant in TV shows such as ‘Karaoke in the Countryside’. He sings in Polish, Ukrainian and Italian, plays the grand piano and is learning to play the violin. He loves to create drawings on the computer and is a history buff.
- Ivan — a fifteen-year old from Kiyv, where he attended an artistic school for children. Passionate about mathematics (algebra and geometry), coding and 2D and 3D computer graphics. Winner of mathematical and artistic competitions. In the future, he would like to study mathematics and learn different programming languages.
- Yourii — an eleven-year old from Sniatyn (Frankivsk Region). This boy has a gift for both sports and music. He has trained martial arts since he was four years old. Nowadays, in Poland, he is learning the oboe.
- Yana — an eleven-year old from Kolomyia. Yana is a girl of high artistic talent. Before the war, she attended the music school in her city. She has played the violin since she was five. In her home town, she has often participated in local concerts and once had her own solo one. She has won a good number of competitions. Yana loves to listen to classical music, paint and practice with instruments.

- Valentyna — a thirteen-year-old graduate of Ukrainian Ballet School. She is also learning to play the grand piano and sing.
- Boris and Fiodor — brothers, aged twelve and sixteen, from Sevastopol. In Ukraine, the boys trained tennis with great intensity and played in sports competitions, bagging a lot of prizes. Now, they continue their training in Poland.
- Artur — a nine-year old from Kyiv, where he simultaneously attended a general and a musical school (piano class). He participated in international instrumental, singing and theatrical contents. He also took part in mathematics, biology and IT competitions, as he is keen on science. He loves to draw, dance and sing. He created 3D drawings and cartoons.
- Sofiia — a first-year lycaeum student. Books are her passion. She has taken part in numerous nationwide and international contests popularizing the Ukrainian language and Ukrainian literature on social topics. Additionally, since age six she has trained classical dance in a theatrical studio, with which she has won prizes at international festivals and competitions.
- Eva an eighteen-year old from Mariupol. In October, Eva enrolled with the University of Warsaw and, remotely, the University of Kyiv. She is a highly talented person. She could enter the lycaeum with no entry examination thanks to having achieved a splendid result in the national mathematical olympiad. Because of the war, Eva finished school remotely while simultaneously preparing for entry exams at university. While living in Mariupol, she participated in numerous charitable activities and was a girl scout.
- Olha — a girl of fifteen with an abundance of talent for visual arts. She hails from Energodar (Zaporizhzhia Raion). Olha has painted and drawn since early childhood. She sketches in pencil, paints in watercolour and acrylics and would like to learn to paint in oil. She sculpts and models in clay, modelling clay and paper. She creates all sorts of handicraft.
- Kyrylo — a thirteen-year old from Cherson, where for 4 years he trained kayaking. Now, he continue his training in Poland.

September - November 2022

A CARPATHIAN EXCURSION FOR CHILDREN FROM IVANO-FRANKIVSK

Between 9 and 11 September we took a group of 40 children into the Carpathian Mountains, continuing the annual tradition of our day centre in Mariupol. We did not want to allow that tradition to be disrupted. In addition to the mountain hiking, numerous other attractions were available to the children, first and foremost of which was an opportunity for integration with peers and escape from the difficult everyday. Participants could work together and prepare a presentation for the rest of the group on famous Ukrainians and treasures of Ukrainian culture. Although the caretakers did not broach the subject of wartime experience and the purpose of the trip was to allow the children forget about it at least for a couple of days, they showed remarkable patriotism and their presentations were resplendent with admiration for their heroes.

The second trip, for a group of 41 children, was organized in November. A total of 81 children (with 100 staff and volunteers) took part in the excursions.









The project was co-financed by the Ministry of Foreign Affairs of the Republic of Poland as part of Polish development co-operation.

December 2022

OPENING OF A DAY CENTRE IN IVANO-FRANKIVSK

On 19 December 2022, the Feast of Saint Nicholas according to the Julian calendar, we officially opened the Saint Nicholas Day Centre in Ivano-Frankivsk — a city having at present become the place to live for many families and caretaking establishments fleeing the east of the country, in search for a safe abode. For the preceding couple of months the Day Centre had operated in an interim location pending renovation works on its intended building. On the Ukrainian Feast of Saint Nicholas that building was properly commissioned to serve children affected by the war.



Spacious and comfortable, it provides all that is needed to take care of the youngest victims. Besides basic sanitation and catering equipment, the facility has a separate silenced room for psychological counselling and individual therapy; small stage for the presentation of the little residents' artistic achievements; large play hall; workshop room for adolescents with equipment for learning carpentry and tailoring; professional sound system; memorial site dedicated to Saint Nicholas Day Centre in Mariupol.

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As part of the activities of the day care center, approximately 1,028 psychological and educational workshops and consultations for children and adolescents were conducted from July to December, including: 374.5 hours of individual psychological assistance for children and adolescents, 263 hours of group psychological assistance and more than 400 hours of art therapy workshops. A total of 200 children attend classes at the day care center.



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December 2022

CHRISTMAS PACKAGES AND PRE-CHRISTMAS WORKSHOPS

Before the holidays, we organized self-esteem-enhancing meetings for children and young people in 4 institutions located in Ivano-Frankivsk, and on the occasion of the world we donated 300 packages for children - wards of care centers.





January 2023

THIRD EDITION OF SAINT NICHOLAS HAVENS PROGRAMME

Since January we have continued the Saint Nicholas Havens Programme. Thirty-three facilities will be providing integration and educational activities, as well as psychological help, until the end of August. During this time more we expect more than 5.5 thousand children from Ukraine to be covered by this form of assistance.

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III edition

33 Saint

Nicholas' Havens

all over Poland

- Bytomskie Centrum Kultury (Pałac w Miechowicach)
- Fundacja Skrzydła dla Edukacji
- Warsztaty Kultury w Lublinie
- Ełckie Centrum Kultury
- Wejherowskie Centrum Kultury
- Miejski Dom Kultury w Mławie
- Akademia Piłkarska "Nazar"
- Stowarzyszenie Sportowe Pomagamy Dzieciom
- Fundacja Prowadź mnie Światło Łagodne
- Stowarzyszenie Kobiet Krasne
- Szczeciński Klub Tenisowy
- Fundacja Inspiracja i Rozwój
- Ostrowskie Centrum Terapii
- Miejska Biblioteka Publiczna w Cieszanowie
- Stowarzyszenie Sprężyna Centrum Edukacji Nieformalnej w Mizernej
- Fundacja Czas Na Nas w Żórawinie
- MiPBP w Dębicy
- Towarzystwa Rozwijania Aktywności Dzieci "SZANSA" Warszawa
- Klub Sportowy Admira Gorzów Wielkopolski
- Regionalne Centrum Edukacji Zawodowej w Nisku
- Miejska Biblioteka Publiczna w Łomży
- Fundacja "L" Łomża
- Towarzystwo Przyjaciół I SLO Warszawa
- Stowarzyszenie Dzieciom i Młodzieży WĘDKA im. Każdego Człowieka Toruń
- Katolicka Fundacja Dzieciom w Parafii Św. Piotra i Pawła w Katowicach
- UKS Orlik Przemyśl
- Fundacja Edukacja z Wartościami w Warszawie
- Włodawski Dom Kultury
- Fundacja Gringo w Opolu
- Stowarzyszenie Magnolia W Gdańsku
- Fundacja Per Aspera ad Astra w Łomiankach k. Warszawy
- Stowarzyszenie pod wezwaniem MBNP "Przyjaciele Seniorów" we Wrocławiu

The Havens' activities were made possible by: Bosch, C&F, Fondation de France, Fondation Prévoir, Novo Nordisk, Pepco, Fans of Radio357, and Private Donors.



THE SAINT NICHOLAS FOUNDATION
REPORT: ONE YEAR INTO THE WAR
HOW WE HELPED CHILDREN FROM UKRAINE





Special events and activities

Helping on such a scale would not be possible without the commitment and dedication of many. Special events were organized in order to assist with our activities.

- Pepco waived the income from the sale of charitable teddy bears.
- The Russian rap artist, Oxxxymiron, contributed proceeds from the sale of tickets to all Russians Against War concerts.
- Allegro enabled us to sell donation certificates with each sale on the platform.
- The editing board of Wprost weekly donated the entire income from paid subscriptions in March to Saint Nicholas Foundation.
- GoodLood (a phonetic play on the pronunciation of the Polish word for ice-cream) introduced a new flavour of ice-cream, assigning the sales income to our Ukraine programmes.
- The hosts of the Belarus Outside System concert donated the proceeds of a collection organized during the event.
- As part of the Artists for Ukraine (Artyści dla Ukrainy) event at Norblin Factory, the hat was passed round among the audience, and the young artists from Ukraine, Belarus and Poland contributed the sale proceeds from their works. Poet Eliza Anna Falkiewicz donated the whole sales of her *Jestem kobietą* (I am a woman) during an author's evening in Warsaw.
- On Easter Sunday a charity concert took place for the benefit of children in Ukraine, with online donations solicited throughout the event. Eminent musicians, prize winners and stars of great concert halls were performing.
- Near the end of April, our volunteers raised money during the *Głośne Czytanie dla Ukrainy* ('reading aloud for Ukraine') event at Ochota Theatre.
- The Regional Centre for International Debate together with its partners passed the tin round on a picnic on the occasion of World Children's Day for Polish and Ukrainian children.

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Partners in our activities on behalf of Ukrainian children

Supporting us throughout the last year were:

- Accenture
- Allegro
- AMS
- Browar Lubicz
- C&F
- Cap Martin właściciel marki This is BIO
- CHEP Polska
- Eurocash
- Federacja Przedsiębiorców Polskich
- Foundation BNP Paribas
- Foundation PVE Dobra Energia
- Foundation Lotos
- Fondation de France
- Foundation Banku Pekao S.A.
- Fondation Prévoir
- Gadzetyreklamowe.pl
- Heyah
- IKEA
- Good Lood
- Imas International
- Insignis Media
- L-ENGINE
- Łukasz Gos-Furmankiewicz (tłumacz pisemny języka angielskiego)
- Magellan Aerospace Polska
- Maltańska Służba Pomocy Iwano-Frankiwska
- Ministerstwo Spraw Zagranicznych
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- URSA Polska
- WPROST
- Wydawnictwo Agora dla dzieci
- Wydawnictwo Zielona Sowa
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and many other organizations and individuals, to whom we extend our most heartfelt thanks.



The Saint Nicholas Foundation has been helping children
in need for more than 25 years.

Visit

mikolaj.org.pl

to find out more about what we do.

Help children from Ukraine: Saint Nicholas Foundation —
Fundacja Świętego Mikołaja — account number:
37 2130 0004 2001 0299 9993 0002
description: donation to help children from Ukraine

Registration number (KRS): 0000 126 602

Contact us: mikolaj@mikolaj.org.pl

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